







# Motor Checklist

  
**The Arc.**  
Alliance



## Parental **Red Flag** Checklist

### **Infant: Birth—12 Months**

-  Your child's head persistently turns or tilts in one direction  
 yes                       no
-  Your child's limbs seem stiff and resist movement  
 yes                       no
-  Your child's head lags, seems "floppy"  
 yes                       no
-  Your child's shoulders seem to "slip through" when you pick them up  
 yes                       no
-  Your child isn't sitting by 9-12 months, crawling by 12 months or walking at 15 months  
 yes                       no
-  Your child favors one hand or one side  
 yes                       no

### **Toddler: 1– 3 years of age**

-  Your child is constantly moving  
 yes                       no
-  Your child is clumsy or falls a lot  
 yes                       no
-  Your child has very flat feet, toe walks, or toes in or out.  
 yes                       no
-  Your child cannot play with toys with both hands and manipulate objects  
 yes                       no
-  Your child cannot maintain an upright (straight spine) posture when sitting or needs to lean on their hands or furniture  
 yes                       no

checked YES to any of the red flag warning signs, talk to your Physician immediately and follow the steps on the back of this card.

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## Easy steps

to ensure your child is on the right developmental path:

- 1-Complete the RED FLAG survey checklist. Your observations are invaluable to your physician and vital to your child's health. Some developmental stages occur with slight delay, or warning signs that need immediate attention. *Share your concerns with your physician.*
- 2-Request a developmental screening by your physician and contact The Arc Alliance Children's Services at **610-764-8754**. We will assist you through the process of setting up your initial evaluation.

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If your child has a qualifying delay a County Service Coordinator will be assigned and develop an Individualized Family Service Plan (IFSP).

- 3-Your Service Coordinator will assign a team of Therapists through any number of Early Intervention Agencies (**one being The Arc Alliance, as well as several others**).

Your team of Therapists could include: Physical Therapy, Occupational Therapy, Speech Therapy, Special Instruction/Cognitive, Nutrition, or Behavioral Therapy for a number of hours per the IFSP.

***If your child does not initially qualify for Early Intervention services contact The Arc Alliance Children's Services at 610-764-8754 and we will assist you in what possible next steps you have available.***

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Visit The Arc Alliance website to see how we can assist you!

[www.TheArcAlliance.org](http://www.TheArcAlliance.org)