

ADHD Medication Guide

Please use this guide to help us choose the right ADHD medication for your child

Medication Name	Generic Option	Duration Reg/Extended	Most Common Side Effects	How Effective	Method to Take Medication
Methylphenidates:			Decreased Appetite, Weight Loss, Trouble Sleeping, GI Upset, Headaches, Crankiness, Anxiety, Rebound ADHA Symptoms, Social Withdrawl and Hyper-Focus		
Ritalin	Yes	Reg: 4-6 hours LA: 8-9 hours		Highly	Reg: swallow or crush LA: swallow or sprinkle
Focalin	No	Reg: 4-6 hours XR: 8-9 hours		Highly	Reg: swallow or crush XR: swallow or sprinkle
Methylphenadate Chew	No	4-6 hours		Highly	Chewable tablet
Methylin Solution	Yes	4-6 hours		Highly	Swallow liquid, grape flavor
Metadate ER Metadate CD	Yes	8-9 hours		Highly	ER: swallow or crush CD: swallow or sprinkle
Concerta	Yes	11-12 hours		Highly	Swallow only
Aptensio XR	No	11-12 hours		Highly	Swallow whole or sprinkle
Quillivant	No	XR: 11-12 hours ER: 8 hours		Highly	Liquid, banana flavored or chewable tablet
Daytrana	No	9 plus hours	As above and skin irritation	Highly	Patch 9 (apply 2 hours before and last 3 hours after removed)

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Amphetamine salts:			Decreased Appetite, Weight Loss, Trouble Sleeping, GI Upset, Headaches, Crankiness, Anxiety, Rebound ADHA Symptoms, Social Withdrawl and Hyper-Focus		
Adderall	Yes	Reg: 4-6 hours XR: 8-9 hours		Highly	Reg: swallow or crush XR: swallow or sprinkle
Evekeo	No	Reg: 4-6 hours		Highly	Swallow or crush
Zenzedi	Yes	4-6 hours		Highly	Swallow or crush
ProCentra	No	4-6 hours		Highly	Swallow liquid, bubblegum flavor
Dexadrine Spansule	Yes	6-8 hours		Highly	Swallow only
Vyvanse	No	10-12 hours		Highly	Swallow whole, sprinkle or dissolve in liquid
Dyanavel XR	No	11-12 hours		Highly	Swallow liquid, bubblegum flavor
Adzenys XR-ODT	No	11-12 hours		Highly	Allow pill to disolve in mouth
Atomoxetine:			GI upset, Fatigue Decreased Appetite, Drowsiness		
Straterra	No	24 hours after 2 weeks of use		Moderate	Swallow only
Guanfacine:			Drowsiness, Headache, Sedation, Dizziness, Gl upset		
Tenex	Yes	11-12 hours		Moderate	Swallow whole or crush
Intuniv	No	24 hours after 2 weeks of use		Moderate	Swallow whole only