



# **LGBTQ+ & Gender Identity Parent Resource Guide (For Youth 18 & Under)**

## **Support Groups for Parents & Families**

PFLAG – Find a Local Chapter Near You PFLAG offers confidential meetings, education, and community for families of LGBTQ+ youth. Find nearby chapters using the online finder. <https://pflag.org/findachapter/>

Bucks County PFLAG: <https://www.pflagbuckscounty.org>

## **Youth Support & Family-Inclusive Centers**

The Attic Youth Center (Ages 14–23) Safe, affirming programs, counseling, and community; supports minors (14–17). <https://atticyouthcenter.org/> William Way LGBT Community Center Regional LGBTQ+ hub with support groups, education, and family resources. <https://www.waygay.org/>

The Rainbow Room: <https://plannedparenthood.org/planned-parenthood-keystone/education/lgbtq-youth-programs>

## **Gender-Affirming Healthcare & Developmental Support**

**CHOP Gender & Sexuality Development Program:** Specialized psychosocial and medical support for children and teens exploring gender identity.

<https://www.chop.edu/centers-programs/gender-and-sexuality-development-program>

**Mazzoni Center – Youth Drop-In Clinic** (Ages 14–24) Free LGBTQ-affirming medical care for teens; no appointment or insurance required.

<https://cap4kids.org/philadelphia/parent-handouts/teen-resources/lgbtq-teen-resources/>

**Einstein Health PRIDE Program** Gender-affirming care with mental health and OB/GYN services; family guidance available.

<https://www.jeffersonhealth.org/clinicalspecialties/lgbtq-health/pride-program>

## **Local Mental-Health & Counseling Supports (Montgomery County)**

**Prism Therapy Center** Jenkintown, PA Affirming therapy for LGBTQIA teens; individual & group options. <https://prismtherapycenter.com>

\*More counseling resources on PFLAG websites under resources

## **County & Statewide Directories**

**Montgomery County LGBTQ+ Health & Support** County-run hub with local services for youth safety, health access, and school climate.

<https://www.montgomerycountypa.gov/3349/LGBTQ-Health-and-Support>

**Bucks County:** <https://buckscounty.gov/1367/LGBTQIA>

**Philadelphia:** <https://healthymindsphilly.org/lgbtqia-resources/>

**Welcome Project PA** – LGBTQIA+ Resource Directory Search for Montgomery County youth programs, crisis services, and affirming providers.

<https://welcomeprojectpa.org/lgbt-resources/>

**PA Youth Congress** – Statewide Directory Comprehensive list of LGBTQ+ organizations across Pennsylvania.

<https://payouthcongress.org/directory/>

**PA 211 LGBTQ Resource Finder** Find local LGBTQ+ resources by ZIP code (housing, counseling, support groups).

<https://www.pa211.org/lgbtq-resources/>

## **Crisis & Immediate Support**

**(24/7) The Trevor Project** (LGBTQ Youth) Call 1-866-488-7386 • Text/Chat available via website. <https://www.thetrevorproject.org/>

**Trans Lifeline (Peer-run)** Call 1-877-565-8860 • Confidential support for transgender youth. <https://translifeline.org/>

**LGBTQ National Hotline** Call 1-888-843-4564 • Emotional support and local referrals for families. <https://www.lgbthotline.org>

Note: Programs and eligibility can change. Check websites or call ahead to confirm hours, ages, and intake details